

2024 Coach Relay Race
Lap Results - Overall Detail

East Conference

Pos.	Team Name	Laps	Bib No	Time	Distance / Pace
1	Grayson Composite	4	10	15:34.41	4.00000 3:54/M
		1	Lap	2:55.13	1.00000 2:55/M
	Angel Pastrana	2	Lap	3:52.56	1.00000 3:53/M
	Buddy Mixon	3	Lap	4:04.30	1.00000 4:04/M
	Mola Bergese	4	Lap	4:42.42	1.00000 4:42/M
2	Prima Tappa	4	25	15:50.88	4.00000 3:58/M
		1	Lap	2:47.41	1.00000 2:47/M
	Ritchie Hicks	2	Lap	3:53.34	1.00000 3:53/M
	Molly Hayes	3	Lap	4:29.13	1.00000 4:29/M
	Stephen Sisk	4	Lap	4:41.00	1.00000 4:41/M
3	Mill Creek High	4	17	16:23.52	4.00000 4:06/M
		1	Lap	2:59.24	1.00000 2:59/M
	Jason Drennen	2	Lap	4:47.58	1.00000 4:48/M
	Steve Zwonitzer	3	Lap	4:22.36	1.00000 4:22/M
	Heather Leitz	4	Lap	4:14.34	1.00000 4:14/M
4	White County High	4	31	16:36.96	4.00000 4:09/M
		1	Lap	2:45.38	1.00000 2:45/M
	Colt Miller	2	Lap	4:35.38	1.00000 4:35/M
	Joel Bowen	3	Lap	4:26.00	1.00000 4:26/M
	Brennah Davidson	4	Lap	4:50.20	1.00000 4:50/M
5	East Forsyth High	4	6	18:20.45	4.00000 4:35/M
		1	Lap	3:13.91	1.00000 3:14/M
	Jen Smith	2	Lap	5:38.72	1.00000 5:39/M
	Mark Gregory	3	Lap	4:46.73	1.00000 4:47/M
	Dan Brown	4	Lap	4:41.09	1.00000 4:41/M
6	Gilmer Cartecay	4	8	18:36.28	4.00000 4:39/M
		1	Lap	3:39.25	1.00000 3:39/M
	Larry Alonso	2	Lap	5:02.41	1.00000 5:02/M
	Aaron Broyles	3	Lap	4:35.56	1.00000 4:36/M
	Laura Lea Alonso	4	Lap	5:19.06	1.00000 5:19/M
7	Lanier Christian	4	41	18:42.87	4.00000 4:41/M
		1	Lap	3:35.86	1.00000 3:36/M
	Kelly Cahoon	2	Lap	5:04.78	1.00000 5:05/M
	Erica Cahoon	3	Lap	4:54.74	1.00000 4:55/M
	Shane Tow	4	Lap	5:07.49	1.00000 5:07/M
8	Yonah Composite	4	59	18:52.78	4.00000 4:43/M
		1	Lap	3:39.69	1.00000 3:40/M
	Derrick Hogan	2	Lap	5:16.99	1.00000 5:17/M
	Jennifer Nixon	3	Lap	5:06.63	1.00000 5:07/M
	Heather Wall	4	Lap	4:49.47	1.00000 4:49/M
9	Oconee Composite	4	24	18:54.24	4.00000 4:44/M
		1	Lap	3:22.17	1.00000 3:22/M
	David Jones	2	Lap	4:20.18	1.00000 4:20/M
	Kevin O'Shea	3	Lap	4:38.08	1.00000 4:38/M
	Nicole Kempf	4	Lap	6:33.81	1.00000 6:34/M
10	Jackson County	4	40	20:03.78	4.00000 5:01/M
		1	Lap	3:15.67	1.00000 3:16/M
	Randy Murphy	2	Lap	5:47.63	1.00000 5:48/M
	Jenn Meeler	3	Lap	5:37.22	1.00000 5:37/M
	Jason Champion	4	Lap	5:23.26	1.00000 5:23/M

11	Jefferson High	4	12	20:15.41	4.00000	5:04/M
		1	Lap	3:36.48	1.00000	3:36/M
	Bryan Lindauer	2	Lap	6:19.94	1.00000	6:20/M
	Jan Webb	3	Lap	5:44.92	1.00000	5:45/M
	Newton Tilson	4	Lap	4:34.07	1.00000	4:34/M
12	Lumpkin County	4	15	20:19.21	4.00000	5:05/M
		1	Lap	3:35.63	1.00000	3:36/M
	Dave Weber	2	Lap	4:56.69	1.00000	4:57/M
	Royce Dansby-Sparks	3	Lap	5:09.20	1.00000	5:09/M
	Casey Dansby-Sparks	4	Lap	6:37.69	1.00000	6:38/M
13	North Forsyth High	4	21	20:53.86	4.00000	5:13/M
		1	Lap	4:07.40	1.00000	4:07/M
	Jeremy Hudgin	2	Lap	5:24.77	1.00000	5:25/M
	Mike Jones	3	Lap	5:17.74	1.00000	5:18/M
	Rebecca Hitt	4	Lap	6:03.95	1.00000	6:04/M
14	Augusta Composite	4	3	21:27.53	4.00000	5:22/M
		1	Lap	3:21.36	1.00000	3:21/M
	Mandy Jones	2	Lap	8:10.81	1.00000	8:11/M
	Wes Riddle	3	Lap	5:14.11	1.00000	5:14/M
	David Verdery	4	Lap	4:41.25	1.00000	4:41/M
15	Red Clay Composite	4	26	22:11.47	4.00000	5:33/M
		1	Lap	4:39.10	1.00000	4:39/M
	Chuck Floyd	2	Lap	6:53.28	1.00000	6:53/M
	Jared Brock	3	Lap	5:26.28	1.00000	5:26/M
	Ashley Dunkerly	4	Lap	5:12.81	1.00000	5:13/M
16	savannah trail mix	4	28	24:11.13	4.00000	6:03/M
		1	Lap	3:51.50	1.00000	3:52/M
	john klaras	2	Lap	4:50.36	1.00000	4:50/M
	emily henry	3	Lap	5:50.47	1.00000	5:50/M
	kevin ciccarella	4	Lap	9:38.80	1.00000	9:39/M
17	Forsyth Composite	3	39	13:48.98	3.00000	4:36/M
		1	Lap	3:24.41	1.00000	3:24/M
	John Alkire	2	Lap	4:54.48	1.00000	4:54/M
	Josh Merriam	3	Lap	5:30.09	1.00000	5:30/M